

_____ (ofc) 817.800.9634 (cell) wjs@drstarck.com www.drstarck.com

PRE-OPERATIVE INSTRUCTIONS FOR ORAL & MAXILLOFACIAL SURGERY

- Do not eat or drink anything for eight (8) hours prior to your appointment (sedation patients).
- Wear short sleeves and loose clothing. The surgeon will be doing a pre-surgical heart and lung examination.
- Have a responsible adult with you to drive you home. He/she should be prepared to remain in the waiting room until you are ready to leave.
- Avoid alcohol and smoking for 24 hours prior to your appointment.
- Relax! We know you are nervous. Try deep, slow, nasal breathing to help you remain calm.
- Be prepared to wait. Although we do our best to stay on time, delays are not uncommon.
- We are here to serve your needs. Please notify this office at least 48 hours in advance if you are unable to keep your allotted appointment so that we may make appropriate changes in our schedule.
- Please read, sign, and bring back the “Disclosure & Consent for Oral & Maxillofacial Surgery” form on the day of your scheduled surgery.

Additional instructions if you are having general anesthesia or IV conscious sedation:

1. You may NOT have anything to *eat or drink*—including water—for eight (8) hours *prior* to the appointment.
2. A responsible, adult driver must accompany the patient to the office, must remain present inside the office during the procedure, and must drive the patient home.
3. Patients *under the age of 18* MUST be accompanied to the office by a parent or guardian. The parent/guardian must remain present in the office during the entire procedure and must drive the patient home.
4. The patient should not drive a vehicle or operate any machinery for 24 hours following the anesthesia experience.
5. Please wear loose-fitting clothing with a *short sleeve shirt* and low-heeled shoes—**NO FLIP-FLOPS OR SLIDES.** (A *full zipper* sweatshirt can be worn over a T-shirt for added warmth.)
6. If you have an illness such as a cold, a sore throat, and an upset stomach or bowel, please notify the office prior to your procedure.
7. If you take routine oral medication(s), please check with Dr. Starck prior to your surgical date for instructions on taking your medication(s) the day of surgery. ****Hold insulin on the morning of surgery.**
8. We are here to provide you with the highest quality service. Please notify our office at least 48 hours in advance if you are unable to keep your appointment.

SPECIAL INSTRUCTIONS: Please keep in mind that it is best to allow for some flexibility around your appointment time on the day of your surgery. DO NOT arrive earlier than your scheduled appointment time unless you are called by your dentist’s office to do so. Arriving early will not advance your procedure time and will only prolong your wait. Please be aware that you may also receive a call to come in later on the day of your surgery if the appointment before yours runs late. We thank you in advance for your understanding and patience if you are asked to wait. If you have any questions and would like to speak with Dr. Starck directly, please call or text 817.800.9634 and leave a detailed message, including your name and telephone number, and he will return your call.

I have read the above instructions and understand that my failure to comply may result in the delay or postponement of my surgery.

Signature of Patient or Other Legally-responsible Person

/ _____
/ Patient's Name (Please Print)

NOTE: Additional pre-operative information can be found at www.drstarck.com. All of Dr. Starck’s forms can be previewed and printed from his website, or you may request a copy from your dentist.